

Coed Volleyball Rules

1. Rally scoring is used; Matches will consist of three games to 25 points “No Cap” (You must win by two points) Matches will last a maximum of 45 minutes. The team winning at the end of the 45 minutes will be declared the winner.
2. This is a 6-player league, there must be 3 women and three men on the court at all times. One hit must be made by a woman, or a 1-hit return may be done by a man.
- 3.,. The coin toss winner may elect to serve, serve receive, or side.
4. The server has 5 seconds to serve, or the team loses their serve.
5. Substitutions may occur when the ball is dead. Time-outs are not required for substitutions.
6. You CANNOT block a serve.
7. Players may interchange positions to pass, or block, only after the serve.
8. All passes must be clearly hit, not thrown, lifted, or change of direction allowed by a double hit.
9. A back line player may spike providing that he/she jumps and remains behind the 10-foot line.
10. No player may reach over or touch the net, or step over the centerline.
11. Successive contacts may be made only after blocking a spike attempt.
12. Opponents simultaneously hitting the ball directly over the net may play the ball again if it falls into their court.
13. Each team is allowed one 30-second time out per game.
14. ALL REFEREE CALLS ARE FINAL!!!