



MAKE THE  
RIGHT CALL...  
JOIN US FOR FUN AT

# **QUICK TWITCH SPEED CAMP**

JANUARY 23RD AT MCDERMONT  
FIELD HOUSE IN LINDSAY, CA.

- Registration fee is \$25 before Jan. 23, 2010...
- \$30 on the day of speed camp...
- Boys, Girls, Women & Men from all ages are welcome.
- Registration starts @ 9:00a.m.
- Speed Camp starts @ 10:00a.m until 1:00p.m.

**Quick Twitch Sports Performance Training**

*“ DON'T GET LEFT BEHIND “ ...*

[WWW.QUICKTWITCHSPORTS.COM](http://WWW.QUICKTWITCHSPORTS.COM)

CALL CURTIS 559-972-2917 OR HOWARD 559-577-7761